



CHRISTINE EGAN PEDIATRIC PHYSICAL THERAPY, INC.
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Christine Egan MPH, PT, C/NDT Curriculum Vitae

Education

- Bachelor of Science in Physical Therapy, Hunter College, New York City, 1981
- Master of Public Health, Hunter College, New York City, 1987
- NDT Certification in Pediatrics, Honolulu, HI, Co-Instructors I. Tscharnuter PT and M. Smith OTR, 1987
- Certified Rosen Method Bodywork Technique, Berkeley, CA, 1994
- Therapeutic Electrical Stimulation Certification, Toronto, Canada, Karen Pape MD, Instructor, 1994
- Pilates Integrated Teacher Training Certification, Sonoma, CA, Madeline Black Instructor, 2000

Current Employment

- Owner/Director of Christine Egan Physical Therapy, Inc., 1990 to present. Serving children and families in the Greater Bay area. Patient population ranges in age from infants to school-aged children with a wide variety of neuromuscular and orthopedic impairments.
- Special interests include lower extremity biomechanics, orthotic evaluation and casting, pediatric Pilates, Universal Exercise Unit, WBV-Galileo Therapy, Augmentative treatment/equipment, consultation for and evaluation of difficult cases, parent training and supervision of therapeutic home programs.

Expert Witness

- Mary Alexander & Associates, P.C., 2014 to present, 44 Montgomery Street, San Francisco, CA 94104
- Bowles & Verna LLP, 2017 to present, 2121 California Blvd., Walnut Creek, CA 94596
- Bostwick & Peterson LLP, 2018 to present, 591 Redwood Hwy., Mill Valley, CA 94941
- BB Law Group, 2019 to present, 6100 Center Dr. Suite 1100, Los Angeles, CA 90045
- Prince Law Group, 2019 to present, 8816 Spanish Ridge Ave., Las Vegas, NV 89148

Community Involvement

- 10,000 Degrees, 2013 to present, Mentor for first generation students entering college
- Marin Community Clinic, Novato, CA, 2008 to 2015, Pediatric PT Consultation and evaluation

Previous Employment

- Consulting Therapist/ CPMC Child Development Center, 1991-1995. Responsibilities include consultation, evaluation and treatment of children age 0-3 years with neuromuscular disorders, developmental delays and/or orthopedic needs. Coordinator of casting clinic to provide appropriate orthotic devices for a variety of needs.
- Physical Therapy Consultant, UCSF Diagnostic School for the Neurologically Impaired, 1990-1993. Evaluation and consultation with team members and parents on program planning and therapeutic intervention in the educational setting.
- Napa C.C.S Contract Therapist, 1990-1993. Evaluation and treatment of children aged 0-5 years focusing on functioning at home and in an educational setting.
- Senior Therapist, Williamsburg Infant and Early Childhood Development Center, 1988-1990. Preschool-based early intervention program with a strong Neurodevelopmental Treatment approach to treating children with a team approach.
- Contract Therapist, New York City Public Schools, 1985-1989. On-site therapy for populations ranging from severe multiple handicaps to mild orthopedic impairment.
- Consultant, United Cerebral Palsy Children's Residence, 1985-1988. Direct treatment, staff training and consultation in a multidisciplinary approach, geared toward formulation and achievement of annual goals for clients.
- Staff Therapist, S.S. Lamm Institute for Developmental Disabilities, 1984-1985. Evaluation and treatment of patients aged 0-19 years, high risk infant screening and organization and management of an orthopedic clinic.
- Home Care Therapist, Visiting Nurse Service, 1982-1988. Treatment of adults and children in their home environments.
- Staff Therapist, Coler Memorial Hospital, 1981-1984. One-year team treatment of multiply handicapped children. Two years of experience treating adults with chronic neuromuscular disorders.

Teaching Experience

- Toronto, 1994, Therapeutic Electrical Stimulation, (Instructor)
- San Francisco, February 1995, California Pacific Medical Center (Instructor)
- Austin, March 1995, Health South Rehabilitation Hospital of Austin (Instructor)
- Chicago, May 1996, DuPage Easter Seal (Instructor)
- Tacoma, June 1997, Mary Bridge Children's Health Center (Instructor)
- San Diego, September 1997, Sharp Rees-Stealy Medical Centers (Instructor)
- New York, September 1998, Beth Israel Medical Center (Instructor)
- Tacoma, October 1998, Good Samaritan Hospital (Instructor)
- New York, May 1999, Holiday Inn of Westbury (Coordinator)
- Torrance, September 1999, Torrance Memorial Medical Center (Instructor)
- San Francisco, November 1999, Tiburon Lodge (Coordinator)
- Orlando, February 2000, Walt Disney World (Instructor)
- Chicago, May 2001, Chicago Marriott Schaumburg (Instructor)
- Hartford, May 2001, Hilton Hartford (Instructor)
- Grand Rapids, October 2001, Crowne Plaza Grand Rapids (Instructor)
- St. Louis, October 2001, St. Louis Airport Marriott (Instructor)
- Houston, January 2003, Texas Children's Hospital (Instructor)
- Assistant Instructor Rosen Method Bodywork Advanced Training
- Assistant Instructor 5-day course "Introduction to NDT"
- Assistant Instructor Pilates Mat Exercise Workshop

Public Speaking Events & Lectures

- February 2018 - Presentation to Podiatry Students, Merritt College, Oakland, CA
- June 2017 - Tenth Black Forest Forum for Musculoskeletal Interactions-Focus on Pediatrics and Galileo Therapy. Bad Liebenzell, Germany, "Current Perspectives on Physical Therapy Treatment of Pediatric Toe Walking"
- March 2013 - University "Posture Counts: Understanding the Role of Physical Therapy for Children with a Variety of Special Needs", Dominican University, San Rafael, CA
- August 2012 - International Meeting of the Myotonic Dystrophy Foundation, "Working Together to Create a Therapeutic Foundation: Conservative PT Management of Children with Myotonic Dystrophy"
- April 2012 - Marin County Office of Education, "An Interdisciplinary Approach to Early Intervention and Follow-up for Children with Autism"
- August 2011 - Golden Gate Regional Center and Bay Area Occupational Therapy Meeting, "Stabilization 101: An Overview"
- June 2010 - Pediatric Grand Rounds, Marin General Hospital, "Early Intervention in Down Syndrome: A Comprehensive Approach"
- October 2009 - Marin Mothers of Multiples Club, "Understanding Early Interventions"
- December 2008 - Marin Mothers of Multiples Club, "Prone Positioning in the Neonate"
- July 2007 - Pediatric Grand Rounds, California Pacific Medical Center, "Treatment of Congenital Muscular Torticollis in Infants and Children"
- June 2007 - Pediatric Grand Rounds, Marin General Hospital, "Treatment of Congenital Muscular Torticollis in Infants and Children"
- October 2002 - Training for Special Olympics, Gymnastics Coaches, San Rafael, CA
- November 2001 - Pilates Training for Children and Adolescents with Neuromotor Dysfunction, TASCNetwork Meeting, Tiburon, CA
- November 1999 - Body Basics: A Pilates-based approach to Movement as Treatment. With Jennifer Bury, San Francisco, CA.
- August 1993 - Pilates Mat Work Intensive. Assisted Jennifer Bury, Instructor

Published Works

- Little Movers, Using Pilates with Children, Advance for Physical Therapy and Rehab Medicine
- Positioning for Activity, Co-wrote and produced instructional video on therapeutic positioning
- Living with AIDS, A Guide to Resources in NYC. Co-authored chapter on Physical Rehabilitation

Awards

- Regents Scholarship Candidate
- Graduated Summa Cum Laude 1987, Hunter College
- Graduated Cum Laude 1981, Hunter College

Continuing Education

- Maximize Neuroplasticity and Minimize Maladaptive Habits in Children and Teenagers Cerebral Palsy: The Key to CP systemic intensive treatment model, Pia Stampe, PT, June 2020
- Using Adapted Ride-on Motorized Toys to Enhance Movement and Participation, NDTA, May 2020
- Cerebellar Pathophysiology in Children Born Preterm: Implications for NDT Practice, NDTA, May, 2020
- Considering Cognition: How to Assess and Treat Deficits of Cognitive Awareness NDTA May 2020
- Team Based Approach to Spasticity and Orthopedic Management of Ambulatory Children with Cerebral Palsy NDTA, May 2020
- Incorporating Interactive Metronome in the Treatment of Movement Disorders NDTA, May 2020
- Integrating Motor Development, Motor Control, and Motor Learning Theories in NDT Practice, NDTA May 2020
- Intergrating Early Intervention into Teletherapy, March 2020
- NDT: Research and Clinical Support for an Enduring Philosophy, NDTA, Oct. 2019
- Managing Children with Dystonia, NDTA, Oct. 2019
- Total Motion Release TMR TOTS Level 1, Susan Blum PT, Sept. 2019
- Assistive Technology Innovations for Communication and Mobility in Cerebral Palsy, AACPDM, Anaheim, CA, Sept. 2019
- Using Wearable Sensors to Measure Infant Limb Movement and Predict Neurodevelopmental Outcomes, AACPDM, Anaheim, CA, Sept. 2019
- Innovations in the Early Diagnosis of Cerebral Palsy. American Academy for Cerebral Palsy and Developmental Medicine. Anaheim, CA, Sept. 2019
- Does SDR Improve Long-term Function. American Academy for Cerebral Palsy and Developmental Medicine. Anaheim, CA, Sept. 2019
- We Need to Talk About Botulinum Toxin, American Academy for Cerebral Palsy and Developmental Medicine. Anaheim, CA, Sept. 2019
- Current Certification in Adult and Pediatric First Aid/CPR/AED through the American Red Cross
- Dynamic Core for Kids Part 1 and 2, St. Catherines, Canada, Jan. 2018
- Third Annual MARC Symposium. Pediatric Neuromechanics and Sports Medicine. Oakland, CA, Nov. 2017
- Tenth Black Forest Forum for Musculoskeletal Interactions-Focus on Pediatrics and Galileo Therapy. Bad Liebenzell, Germany, June 2017
- Integration of the Vestibular and Visual Systems, 3 Part Webinar. Kim Barthel OTR, Mar. 2016
- Combined Sections Meeting of the APTA. Anaheim, CA, Feb. 2016
- When the Feet Hit the Ground...Everything Changes. Anaheim, CA, Feb. 2016
- Therapeutic Yoga. Applications, Modifications and Contraindications. Novato, CA. Gordon Browne, May 2015
- Early Detection and Intervention for CP: New Tools and TX. American Academy for Cerebral Palsy and Developmental Medicine. San Diego, CA, Sept. 2014
- Creating a Professional DVD Home Exercise Program. American Academy for Cerebral Palsy and Developmental Medicine. San Diego, CA, Sept. 2014
- Optimizing Walking Outcomes in Neuromotor Impairment. American Academy for Cerebral Palsy and Developmental Medicine. San Diego, CA, Sept. 2014
- The Art of Mentoring. American Academy for Cerebral Palsy and Developmental Medicine. San Diego, CA, Sept. 2014
- Evaluation and Management of Pediatric Toe Walking from PT and OT Perspective. Santa Clara, CA. Liesa Persaud, PT, DPT, PCS, CKTP, Oct. 2013
- Updating the Evidence: Anticipatory Postural Control in Children with Typical Development and Cerebral Palsy. Oakland, CA, Sept. 2013
- Strength, Fitness and Physical Activity Intervention for Children with Disabilities: Evidence and Strategies to Promote Function. Oakland, CA., Maggie O'Neil, PT, PhD, MPH, July 2013
- Ethics and Jurisprudence – California Physical Therapy. Michael Niss, DPT, April 2013
- Speed and Spasticity in Cerebral Palsy: More linked than you think. Nechama Karman, PT, MS, PCS. March 2013
- Injuries in Youth Sports: Assessment and Treatment of Orthopedic Injuries in the Young Athlete, Oakland, CA. Marc R. Bernier, MPT, CSCS, Jan. 2013
- The Importance of Being Earnest About Shank and Thigh Kinematics Especially When Designing, Aligning and Tuning Ankle-Foot Orthosis Footwear Combinations. American Academy for Cerebral Palsy and Developmental Medicine. Toronto, ON, Canada, Sept. 2012
- Posture and Torso Alignment for Pediatric Neuromotor Training. Progressive GaitWays. Sunnyvale, CA. Liesa Persaud, DPT, PCS, June 2012
- Using Pilates Methodology to Address Scoliosis and Hypermobility. Pilates Therapeutics. San Francisco, CA. Suzanne Martin PT, DPT, CPI, October 2010
- Minor Morbidities in the Preterm Survivor. American Academy for Cerebral Palsy and Developmental Medicine. Scottsdale, AZ, September 2009

- Developmental Orthopedics – Biomechanical and Kinesiological Influences and Problems: Management Implications Using TheraTogs™ Systems. Sacramento, CA. Beverly Cusick, PT, MS, COF, April 2009
- Developmental Orthopedics. Sacramento, CA Beverly Cusick, PT, MS, COF, April 2008
- Mobility Jumpstarts Development: From Research to Practice. Napa Valley, CA. Ginny Paleg, PhD and Rosanne Kermoian, PhD, June 2007
- Integrated Case Management of Brachial Plexus Injury. Las Vegas, NV. Rahul Nath MD, November 2006
- Developmental Orthopedics and TheraTogs Applications for Neuromotor and Postural Training. SKY Pediatric Therapy. Beverly Cusick, PT, MS, COF, Sept. 2006
- Kinesio Taping in Pediatrics: Advanced Whole Body Taping and Problem-Solving. Folsom, CA, Trish Martin, PT and Audrey Yasukawa, OTR/L, March 2006
- Interactive Metronome Certification Course, Jan. 2006
- New Rehab Strategies for Children with CNS Dysfunction. San Francisco, CA. Beverly Cusick, PT, MS, August 2005
- CNS Modulation and Posture: Mysteries and Possibilities. Oakland, CA. Patricia Oetter, MA, OTR, FAOTA and Steven J Cool, PhD, FAAO, Oct. 2004
- CranioSacral Therapy for Pediatrics. The Upleger Institute. San Francisco, CA, August 2004
- SomatoEmotional Release I, The Upleger Institute. San Francisco, CA, January 2004
- Kinesio Taping in Pediatrics: Fundamentals and Whole Body Techniques. Costa Mesa, CA. Trish Martin, PT and Audrey Yasukawa, MOT, OTR/L, Aug. 2003
- Biomechanical Asymmetry Correction Workshop. Mill Valley, CA. Jean-Claude West, March 2003
- CranioSacral Therapy II, The Upleger Institute, San Francisco, CA, January 2003
- CranioSacral Therapy I. The Upleger Institute. San Francisco, CA, September 2002
- Brachial Plexus: An Interdisciplinary Approach to Treatment. Texas Children's Hospital. Mitzi Wiggin MSPT, Jan. 2003
- Sensorimotor Strategies to Support the Development of Self Regulation. San Mateo, CA. Patricia Oetter, MA, OTR, FAOTA, April 2002
- 20:40:80 Conference Series: Twenty Years of Training for Eighty Years of Life. The TASC Network. Karen Pape, MD, May 2001
- Basic Kinesio Taping: Introduction to Kinesio Taping for Pediatrics. Francie Powell, R.P.T., May 2000
- Integrated Teacher Training for the Pilates Method. A Body of Work, Sonoma CA. Madeleine Black, April 2000 to June 2001
- Cadillac Training. Physicalmind Institute, San Francisco, CA, May 1999
- Reformer Training. Physicalmind Institute, San Francisco CA, April 1999
- Initiation 101: The Method and the Matwork of Joseph Pilates. Physical Mind Institute, San Francisco, CA, March 1999
- Stimulating Sensory-motor Development in the Infant. Good Samaritan Children's Therapy Unit. Wendy Robins Lind, OTR/L, 1998
- The Orthopedic Management of the Child with Cerebral Palsy. Children's National Medical Center, Washington D.C. Laura L. Tosi, MD, 1996
- TES: Therapeutic Electrical Stimulation. Magee Clinic, Toronto, Canada. Karen Pape MD, August 1994
- Jin Shin Do. Basic Course. The Open Center, N.Y.C. Deborah Valentine Smith, Winter 1987
- Northeast Regional Conference of the NDTA. Roosevelt, NY, November 1987
- Langer the Second Step. Understanding the Biomechanics of Human Gait. N.Y.C., October 1986
- Jin Shin Do. Introduction. The Open Center, N.Y.C. Deborah Valentine Smith, Summer 1986
- Components of Movement – Principles of NDT. St. Mary's Hospital, Bayside. Lois Bly, P.T., July 1986
- Workshop in Neuro-Development Treatment. Center for Holistic Intervention. I. Tscharnuter P.T. and M. Smith O.T.R., July 1985
- Northeast Regional Conference of the NDTA. Baltimore, MD., May 1985
- Northeast Regional Conference of the NDTA. Boston, MA, November 1984
- Foot Function and It's Relationship in the Pediatric Patient with Cerebral Palsy and Other Neurological Disorders. Langer Biomechanics Group, June 1984
- Wheelchair Mobility. J.Cesario, Kagle Surgical Supply Co., June-Dec. 1983
- Lower Extremity Prosthetics. NYU Post Graduate Medical School, Dec. 1983
- Vertebral Mobilization, Assessment and Treatment, Fall 1983
- Sexuality and Physical Disability. Burke Rehabilitation Center, April 1983
- Acupressure Workshop. Center for Chinese Medicine, New York, March 1983
- Therapeutic Massage – Swedish Method. Kingsbrook Medical Center, Oct. 1982
- Fundamentals of Lower Extremity Splinting. Stony Brook University, School of Allied Health Professionals, June 1982
- Second Annual Course on Pediatric Rehabilitation. Dept. of Rehabilitation Medicine of Tufts University School of Medicine, April 1982
- Neurodevelopmental Strategies for Improving Motor Performance of Children with Cerebral Palsy, UCP, Feb 1992